ShakleeNEWS

-PROOF

My step mom, Jeanette Smith, has been telling me about the benefits of Shaklee for years. After trying other products and fad diets, I finally decided to give Shaklee a try and I am SO glad I did!

I have completed my **7 Day Cleanse** (#21318) and I am feeling 'wonderful!' I have truly noticed a huge difference and also lost

8 pounds! The pain in my knees are gone and I no longer feel bloated and have heartburn. I feel amazing and will continue to make gains as I continue on the program!

I absolutely love my shaklee products and so glad I decided to take the **Prove It Challenge** (#89526). Shaunda (Special Ed Teacher)

Recently I asked my husband,

"Of all the vitamins Shaklee has to offer, is there one that is helpful for boosting my mood?"

He said, "Yes! B Complex" (#20194). I was so excited to try it because I was feeling a little down. I took 3 in the morning and 3 in the late afternoon, and the positive impact

was almost immediate. I really felt that I had both more energy and felt happier. I have been calling it my "B" happy vitamin! I was so surprised by my own results I looked up other benefits and discovered there's a long list. Wendy K.

A few other benefits: healthy hair, skin, nails, cardiovascular, cell renewal etc.

My friend, Juliana, works very hard in her cleaning business. I decided to give her Vitalizer for Women (#20283) for Christmas. I've been anxious to see how it's been working for her WELL, I got her response today! She responded with a big smile when I asked how she was feeling, saying that her results have been HUGE. She said that her skin and hair have dramatically improved along with her "bones" and joints. Working as she does has been hard on her body. With Vitalizer she found that her body and especially her joints/bones are no longer a source of pain. Her overall well being and energy has seen a big boost. Shaklee did it again! No wonder Shaklee can give a 100% satisfaction guarantee on all of their products. Lorri Kreuscher

MEMORY

I am eighty years old and the Director of a Museum. About a year ago I found myself unable to track my thoughts well at all and I thought it was time for me to retire. After finding MindWorks everything was on track again. I am still working full time and enjoying every minute of my job as well as selling MindWorks to everyone I can. Shaklee is a life saver one more time. Kay R

A Real Eye Opener **#YOUTHfulEyes** Reduce the appearance of puffiness and dark circles. 100% Vegan Gluten free Cruelty free Visibly firms and Hydrates. Features a unique cooling Tip that refreshes and Energizes the eye area. PROC **Youth Eye Treatment** WORKS ... QUICK!

Before

<u>2 weeks later</u>

HOT FLASHES

I have been going through menopause for a while but I recently started to have HOT FLASHES so I went to a gynecologist and he recommended hormonal treatments and gave me a prescription. I had it filled and it had so many side effects ... I thought there must be another way! So I called my Shaklee sponsor and she suggested I add Energizing Soy Protein, GLA, and Menopause Balance Complex to my supplement routine. Well, within a

short period of time my hot flashes stopped. It's been four months and no hot flashes! JoAnne

ALLERGIES AND INFECTIONS

I had severe allergies and chronic infections for 11 years. As I began taking the Shaklee supplements I started to have less allergy symptoms and less infections.



Then when I added **NutriFeron** to my supplement routine I showed no allergy symptoms at all. And I have lots of energy ... anybody with allergies can tell you that allergies rob you of energy and it becomes a big issue. Shaklee truly gave me my life back. Toby

ALERT

Breast Cancer: 600% Higher in Women with Low Vita D3. Vitamin D3 deficiency is a major cause of breast cancer according to a recent study published in the American Journal of Clinical Nutrition.



ECZEMA

I just realized that, for the first time, the kids did not have any eczema this year. In the past, they've had it bad all winter, despite constant lotions and prescription creams. I know it's not scientific, but I doubt its coincidence that this year we switched from our main-stream brand ("dye-free, perfumefree" laundry stuff – which I learned contains just as many toxic chemicals as the "regular" versions) to the Shaklee laundry products. Lisa

Dr. Bill Feuerbacher, MD Responds to Glucose Regulation Complex

Dear Jim,

Shaklee is onto something good! The Glucose Regulation Complex should be taken by almost everyone in the U.S. I have been concerned with the blood sugar problems in this country for many years. If not diabetes, reactive hypoglycemia is very common today.

Most people won't eat a good breakfast with protein. They believe the advertisements telling them to eat cereal.

They start the day in a hypoglycemic state (low blood sugar). Then they wonder why they get sleepy in the afternoon. They wonder why their resistance is low. They wonder why their skin and hair is not healthy. They wonder why their eye sight is changing. They are concerned why they have so many headaches. They say they are tired all the time.

Let me tell you, If your body can't regulate the blood sugar levels, you will have health problems.

Your **Glucose Regulation Complex** (#21394) should be taken by almost every adult. Obviously, I am very impressed with this supplement. Don't sell it short. I am going to get my family and patients on this product as soon as I receive it. It is good insurance.

Your friend Bill (Dr. William P. Feuerbacher)

IT REALLY WORKS!!

I can tell I'm not hungry as often since taking Glucose Regulation Complex, and actually the food choices that I'm craving are not the sugary carbohydrate type foods. Rather I crave proteins and the more complex carbohydrate vegetables; this is a big switch for me. J. Glacken (Illinois)

30 DAY CHALLENGE Bob's Second "Miracle"

We were introduced to Shaklee in the 1970's. We loved the energy it gave us and my wife got pregnant after 8 unsuccessful years of trying. Our "miracle" baby arrived and life got much busier and our expenses increased. We gradually stopped taking Shaklee.

Fast forward to 2020. I felt sluggish, I had to go to the doctor every six months because my hemoglobin was terrible, I was constipated, my BP wasn't good, and the doctor thought he would have to give me Iron, since I was so low.

Then I remembered back to how good I felt on Shaklee, so I started the **30 day Challenge** (#21318) Following the completion of this program I went to my doctor for my usual blood check up. My doctor was impressed. My blood numbers looked good, my BP was normal, I was no longer constipated and I had more energy I felt much better! I think my eyesight is improving as well after only one month on Shaklee! Thank you Shaklee! Bob, Winterset, IA



Yummy! Day 3 of the cleanse Pre-workout:

Warm Apples, Cinnamon, Nutmeg, and little bit of honey. Amazing! Neeta S

Note: Even though honey is not part of the strict cleanse, my philosophy on the cleanse is to just do it! Even if we're not perfect with it. Too many people put it off thinking they have to wait to get their life and mind right to do a "perfect" cleanse and then they never do anything! Go for it! Ellen



MAGNESIUM: 75% of Muscle Cramps are due to a Magnesium Deficiency. **Shaklee "Sustained Release" VitalMag** (#21223) has become a very popular and appreciated supplement ... WHY? Magnesium is a natural defense against pain, swelling, tension and inflammation. According to Dr. Oz, Dr. Weil, and the Mayo Clinic, a magnesium deficiency is the major hidden cause of muscle cramps throughout the entire body, including leg and foot, and no prescription medication can fix it.

In addition to cramping, a search of "Magnesium Associated Health Concerns" brings up: Nerves, Sleep, Migraines, Anxiety, PMS, Behavior Disorders, Constipation, Fatigue



Reach for SHAKLEE's "NUTRIFERON"

The Most Effective Immune System Strengthener Available Anywhere. NutriFeron has received four patents, recognized worldwide in Japan, the USA, Europe and in China.

Taking NutriFeron is like sending a whole army into the immune system's front lines!

The immune system is a complex and highly developed system, yet its mission is simple — to seek and kill invaders. Every minute of the day, thousands of battles rage inside your body. Millions of microscopic foreign invaders are trying to penetrate your cells, while your body's immune system struggles to fight them off. If the invaders win, the result can be a lingering cold or flu, or it could be a chronic illness, cancer or some other disease. The immune system is a person's primary defense against disease.

What is NutriFeron?

A Powerful Breakthrough in Immune System Science

Scientists and medical communities have identified interferon as being crucial to healthy immune function. NutriFeron contains an exclusive, patented formula, providing a proprietary blend of four plant extracts designed to naturally increase levels of interferon and provide immune support at the cellular level.

Product History:

NutriFeron was developed by Dr. Yasuhiro Kojima, the discoverer of interferons and an eminent immunologist, professor and scientific researcher from Japan. Dr. Kojima began his immunology research in 1932, and NutriFeron is the result of this pioneering research. It was released to the world in February 2003 by the Shaklee Corp. (Intended for everyday use: 2 per day)

It is now available exclusively through SHAKLEE distributors ... Item #: 20962

RESULTS: "As an adult, I fought major battles twice a year usually in October and February. I would get a very bad cold, which turned into some form of bronchitis, sinusitis, or walking pneumonia. Then I would have to get antibiotics to get better. After I started on NutriFeron, many years ago, I have only needed antibiotics one time for the aforementioned challenges. I would not be without this product!" Cheryl L

Safe, Proven, 100% Guaranteed

"No other company in the world has anything close to this unique product. It needs to be in the hands of every health care provider!" R. Cooper, PhD

For more testimonials and information contact your Shaklee Representative.



